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NO NEED TO BE “PSYCHED OUT” BY YOUR “PSYCHIC MOMENTS”

(San Luis Obispo, CA) Have you ever thought about someone, then the phone rings and it's that person? Have you ever been humming a tune, walked in a room and heard someone else singing the same song? According to Bob Garner, a noted authority on parapsychology, you probably had a “psychic moment.”

“It's uncommon to meet someone who hasn't had a ‘psychic’ experience happen in their life,” notes Garner. “Some people accept such happening as a normal part of life, while many others deny or diminish such occurrences.”

Garner, a successful entrepreneur for over 20 years and a featured speaker at meetings and conferences on the topics of entrepreneurship, sales psychology and motivation, uses magic, mindreading and demonstrations of psychic powers in his presentations to creatively reinforce his business message. Garner claims no supernatural powers, even though, while he is on stage, he will amaze you by telling you your deceased grandmother's name or the last 4 digits of your phone number. Psychic claims aside, Garner is one of the rare breed of magicians who believes in the possibility of ESP and the mind's psychic potential. He also firmly believes that people should not discount their psychic moments.

Garner notes his studies over the past three decades reflect that many well-known authors of inspiration such as Napoleon Hill, Earl Nightingale, Claude Bristol, and Norman Vincent Peale, as well as many present day authors, all reveal in their writings their interest, beliefs, and experiences with their own “psychic moments.” Some even offer ideas on how to “untap” the powers of the mind. “James Allen, the author of the century old classic *As a Man Thinketh* was probably one of the first motivational authors to exclusively focus on how to use the amazing powers of your mind,” notes Garner. Garner recently took Allen's classic, as well as the works of two other century old motivational powerhouses, revised and updated their text, and compiled it in the book, *Masters of Motivation* recently published by Sunday & Weiss. In *Masters of Motivation*, Allen states his belief that most people do not use the powers of their minds to its utmost potential. Allen then describes how anyone can learn how to harness and direct the power of their mind to not only experience “amazing happenings”, but also attract the circumstances that they desire into their lives.

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"Many of the greatest thinkers over the past century, Edison, Freud, Jung, and William James believed in the psychic possibilities and untapped powers of the mind," says Garner. "Considering the misconceptions that were held by many about the mind at that time, these people were very brave to express their beliefs and findings."

As an example, Garner points out that approximately 60 years ago people thought psychology was a waste of time. Less than 10 years ago, using hypnosis in clinical situations was unthinkable. However, today, psychology is a respected field and clinical hypnosis is slowly making its way into mainstream medicine. Additionally, organizations such as police departments are using "psychic detectives" to help them find murder victims and solve crimes.

"I think it's just a matter of time before more people begin to view the psychic powers of the mind as something beyond an 'odd occurrence' or something of which to be suspicious, fearful or ashamed," Garner concludes, "Someday, it may be discovered that by embracing these psychic moments, we will not only learn more about ourselves, but also use these experiences to improve our way of life."

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